



The Long Island Federation of Labor, AFL-CIO



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The Update

Your official source for knowing what's going on in
The Long Island Labor Movement

3/28/09

RALLY TO RESTORE WORKERS' FREEDOM TO FORM UNIONS!!

Able Homecare Workers Deserve A Voice!

Please participate in this important rally to support
Home Health Care Aides
As they continue to fight for a FREE & FAIR ELECTION!

Friday, March 20, 2009

4:00pm

**Able Headquarters
1240 Broadcast Plaza, Merrick, NY
(Across from Merric LIRR Station)**

Join Long Island Labor & the Community as We Work Together to Recapture Our Middle Class

For more information please contact Onika Shepard at (646) 996-5463 or Vanessa Crilly at (631) 793-9067.

CWA Local 1104 - Research Assistants UNION DEMONSTRATION!!!

CWA Local 1104, Research Assistants Union is holding a DEMONSTRATION at the office of a member of the Board of the Research Foundation. Last December, Research Assistants at Stony Brook University voted to create their union in an NLRB supervised election.

Join us at this upcoming demonstration as CWA's RA UNION fights to win its first contract!

**Friday, April, 3rd
2PM
405 Lexington Avenue
New York, NY**



We're All Islander.... NY Islanders vs. Philadelphia Flyers

Come join the **New York Islanders** on Saturday, March 28th for the Long Island Labor Night at the Nassau Coliseum. Take advantage of the *specialty* priced tickets exclusively for Long Island Union members, their families and friends. Tickets are \$30 for the Lower VIP End Zone and \$20 for Center Mezzanine. Seating is limited so please contact Kerri at the Long Island Fed @ 631-348-1170 ext. 307 to reserve tickets today.

Visit the web address below to tell your friends about this.

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